

### Advanced Training:

#### “From Dream To Reality”

Monday 10/29 (6:30am – 5pm)

Tuesday 10/30 (6:30am – 12:30pm)

#### Goal #1:

Learn advanced laughter techniques. Laughter exercises are fun and you can leave them at that. You can also take them one step deeper and use them to profoundly transform your life and release past trauma.

#### Faculty:

Johnny Seitz, [www.biotyping.com](http://www.biotyping.com)

Sebastien Gendry, [www.sebastiengendry.com](http://www.sebastiengendry.com)

#### Goal #2:

Define and clarify your life goals by creating your personal Vision Board – a powerful and tangible representation of the passion behind your objectives. This unique workshop offers a combination of guided meditation and collage art that will provide you with the emotional fuel needed to propel you toward your dreams. Your Vision Board will give you daily inspiration to help move those dreams into reality.

#### Faculty

Beverly Belling leads workshops in meditation and Vision Board creation in the Los Angeles, San Diego, and San Francisco areas. She has worked with individuals as a life coach, assisting them in re-envisioning their lives and livelihoods. Beverly lives in Southern California with her husband, son, and one stray cat.

#### Goal #3:

Create a plan which can now make your Vision come true. Taking action is critical to success. It is useless to wish that you win the lottery if you never play buy a ticket. See how easy it is to create a one page business plan to help guide you to success.

#### Faculty

Merv Neal, [www.maurant.com.au](http://www.maurant.com.au)